



SEPTEMBER

# SUICIDE PREVENTION MONTH




Start With Hello Week



Sandy Hook  
PROMISE

## RINCON WELLNESS CENTER

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

			<b>CLOSED</b> WC Staff at VCOE Retreat <sup>1</sup>	<b>RINCON RUMBLE DURING LUNCH</b> <sup>2</sup>
<b>WELLNESS PEER MEETING</b> <sup>5</sup>	Crisis Response <sup>6</sup> Training DO for SWS <b>WELLNESS CENTER TOURS</b>	<b>SAFETALK</b> Training for Wellness Peers <sup>7</sup>	<b>SUMMER</b> <sup>8</sup> <b>WELLNESS PEER TRAINING @VCOE</b>	<b>SUMMER</b> <sup>9</sup> <b>WELLNESS PEER TRAINING @VCOE</b>
<b>SUICIDE PREVENTION PRESENTATION DURING LUNCH</b> <sup>12</sup>	<b>WELLNESS CENTER TOURS</b> <sup>13</sup>	<b>WELLNESS CENTER CLOSED AT CONFERENCE</b> <sup>14</sup>	<b>WELLNESS CENTER CLOSED AT CONFERENCE</b> <sup>15</sup>	<b>SUICIDE PREVENTION PRESENTATION DURING LUNCH</b> <sup>16</sup>
Meet & Greet Monday <sup>19</sup> 	Name Tag Day <sup>20</sup>	Wear Green <sup>21</sup> Wednesday SOWING SEEDS OF HOPE W/ F2S @ LUNCH	Random Act of Kindness <sup>22</sup>	Take the Pledge! <sup>23</sup> 
 Maslow Monday <sup>26</sup>	<b>WELLNESS CENTER TOURS</b> <sup>27</sup>	<b>WELLNESS WEDNESDAY WALK</b> <sup>28</sup>	<b>ART THERAPY LUNCH ACTIVITY</b> <sup>29</sup>	<b>WELLNESS PEER MEETING</b> <sup>30</sup>

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988 SUICIDE & CRISIS HOTLINE