Official Measletter channelislandshigh.us CHANNEL ISLANDS HIGH SCHOOL



Greeting Raiders,

It is my honor to welcome everyone back for another great year at the Islands! I am deeply committed to the success of the students and community we serve and look forward to meeting and working alongside each of you.

Follow us on our socials

@cihs_raiders

On August 17, 2022, we were excited to have our campus filled once again with the learning and laughter of our students. It is our mission to help every student feel welcomed, safe, successful, and a part of our Raider family. Additionally, we strive to challenge each student to grow their academic abilities and to be college, career, and life ready at the end of their four years. At Channel Islands High School, we have phenomenal teachers, counselors, Student Wellness Specialists and staff who are dedicated and determined to help each student attain Prosperity. Everyone on our campus plays a vital role in providing each student with inquiry driven and equity based experiences while simultaneously focusing on their wellbeing. More detailed information is provided on our website https://www.channelislandshigh.us/.

In addition to welcoming our students, we look forward to welcoming parents and family. Channel Island High School is dedicated to building strong partnerships with families and communities and we invite you to become involved through our parent organizations such as the School Site Council (SSC), Parent Faculty Student Organization (PFSO), Athletic Boosters or the English Learners Advisory Council (ELAC).

Together, as a community of students, parents, teachers, and staff, we will make Channel Islands High School an even stronger institution that everyone will continue to be proud of.

follow me on social media: 🔰 🞯

oprincipal

Marianne Ramos Principal

Official Newsletter channelislandshigh.us **CHANNEL SLANDS HGH SCHOOL**

SPORTS ON TAP

FOOTBALL

- WHEN: THURSDAY SEPT 8 2022
- TIME: JV @ 4PM
- WHERE: KEN BENEFIELD STADIUM (HOME
- WHEN: FRIDAY SEPT 9 2022
- TIME: VARSITY @ 7PM
- WHERE: KEN BENEFIELD STADIUM (HOME

GIRLS VOLLEYBALL

- WHEN: SEPT 8 2022
- TIME: 5:00P & 6:00P
- WHERE: HOME VS CARPINTERIA

GIRLS TENNIS

- WHEN: SEPT 13 2022
- TIME: 3:00P

@cihs_raiders Follow us on our socials 👩 💟 🚹

GET TO KNOW OUR NEW ASSISTANT PRINCIPAL

- My Gillespie ancestors are Scottish and came to America in the early 1800's. In 2017 I went to Scotland and found the grave of my great-great-great grandparents.
- Both my parents were born in Washington state, and my father moved to California when he got hired right out of college to work at Point Mugu.
- I was born and raised in Port Hueneme and graduated from Hueneme High School.
- After graduating high school, I served in the US Army Military Police and thought about becoming a police officer after that.

WHERE: HOME VS FILLMORE

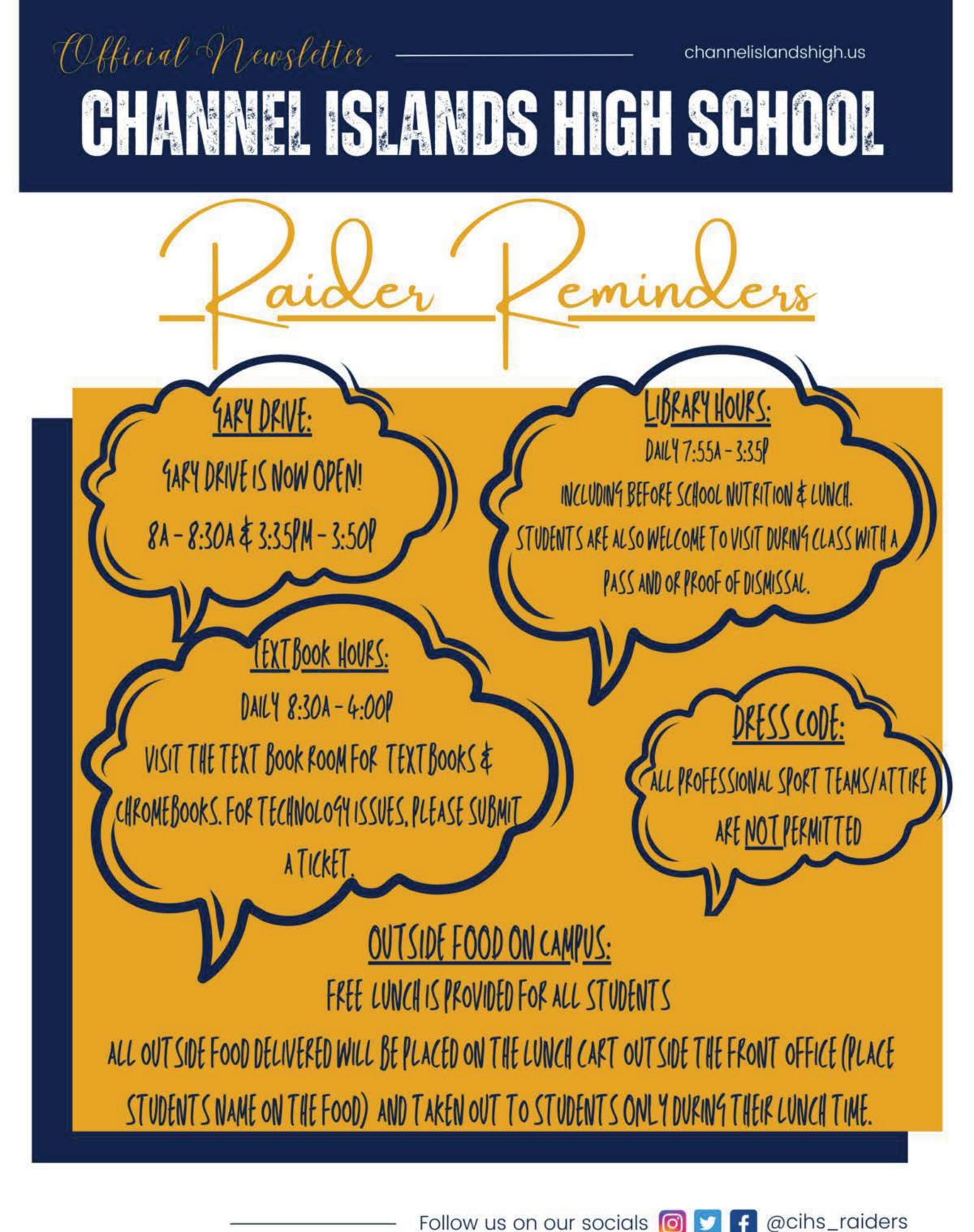
UPCOMING EVENTS

BACK TO SCHOOL NIGHT WHEN: THURSDAY SEPT 8 2022 WHERE: CIHS TIME: 5:30P - 7:00P

RAIDERFEST

WHEN: FRIDAY SEPT 09 2022 (MIN DAY) WHERE: CIHS QUAD TIME: 1:30P - 3:30P

- I have been skydiving twice.
- I started dating my high school sweetheart 39 years ago and have been married to her for 29 years.
- We have a daughter, a son, and two grandsons.
- My spirit animal is hummingbirds, and I often sit in the backyard and talk to them. Sometimes they'll fly right up to my face.
- Hove reading books and watching films about stories of survival in extreme situations. It shows how amazing the human spirit is.



Follow us on our socials 🔘

Official Newsletter channelislandshigh.us CHANNEL SLANDS HGH SCHOOL

OUHSD CAREER

After-school programs











CHANNEL ISLANDS HIGH SCHOOL 2022 FOOTBALL SCHEDULE

| | THE COMMUNIT | | | | OPPONENT | TIME | LOCATION | |
|----|---|---|---|--|---|---|---|---|
| | ENFORCEMENT ACA 13-week program! various departmen SWAT,K-9, Traff | Exploring tts such as | xplore hnolog 8/26/2 | 22 SAI | NTA PAULA HS | 7:00PM | AWAY | |
| | DVNARD POLICE 1903 DVE: Friday Sept | and the build positive relations ctivities DUE: Monday Sept. 12, | ships | 2 0 | APINTERIA HS | 7:00 PM | HOME | |
| | THE PRE-ENGINEERIN is a 13- week program | IG PROGRAM m. Students | 9/9/2 | 2 | BUENA HS | 7:00 PM | HOME | |
| | NAVSEA PORT HUENEME will Explore how engineering concept systems, computers, or and environmental emodeling and simular | ocean, missile engineering, GLOBAL TRADE & LOGISTICS is a 13-week pro | | ?2 F | NO MESA HS | 7:00 PM | AWAY | |
| | PORT HUENEME launching systems, ra directed energy, and replenishment. SPAC DUE: Friday Sept. | idar systems, d underway E IS LIMITED 23, 2022 field, and customs and border protection. Lea | nmerc 9/23/2 in the arning | 22 DOS PUEBLOS | HS THOMECOMING GA | ME) 7:00 PM | HOME | |
| | Days and times vary with each r | about the role of the unions and finance, care employment requirements and opportunit DUE: Friday Sept. 9, 2022 program. More information on applications link | ties. 9/30/2 | 22 | PACIFICA HS | 7:00 PM | HOME | |
| | Apply Now! | Community Law Enforcement link to Digita | 10/7/2 | 22 SAN | TA BARBARA HS | 7:00 PM | AWAY | |
| | пррту ном. | apply: https://bit.ly/ComLawAcademy DRAGG Link to apply: https://bit.ly/DRAGG-application | 11/14/ | 22 \ | /ENTURA HS | 7:00 PM | HOME | |
| | For more information please contact your college & career technician, counselor or | Pre-Engineering link to apply: https://bit.ly/Pre-Engineering | 10/21/ | 22 SA | N MARCOS HS | 7:00 PM | AWAY | |
| | Teresa Telles at (805) 487-7582 email teresa.telles@oxnardunion.org | Global Trade & Logistics link to apply: https://bit.ly/GTL-application | 10/28/ | | DXNARD HS | 7:00 PM | AWAY | |
| | (Ar = | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY RINCON 2 | 6 |
| | SEPTEMBER | | | | | | RUMBLE DURING LUNCH | |
| | SUICID PREVE | | 5 WELLNESS PEER MEETING | Crisis Response 6 Training DO for SWS WELLNESS CENTER TOURS | 7 SAFETALK Training for Wellness Peers | SUMMER 8 WELLNESS PEER TRAINING @VCOE | SUMMER 9 WELLNESS PEER TRAINING @VCOE | |
|)- | MONTH | | 12 SUICIDE PREVENTION PRESENTATION DURING LUNCH | 13 WELLNESS CENTER TOURS | WELLNESS CENTER CLOSED AT CONFERENCE | 15 WELLNESS CENTER CLOSED AT CONFERENCE | 16 SUICIDE PREVENTION PRESENTATION DURING LUNCH | |
| 0 | with Herr | | | 20 Name Tag Day | SOWING SEEDS OF HOPE | 22 Random Act of Kindness | 23 Take the Pledge! | 2 |
| 4 | Stort With Hello 40 | | 26 | t and | with H | eno w | eek | 1 |
| | | | Maslow Monday | WELLNESS CENTER TOURS | WELLNESS WEDNESDAY WALK | ART THERAPY LUNCH ACTIVITY | WELLNESS PEER MEETING | |
| | PROMISE | FOIL | | See Lui | TIDE & ERI | | <u>raiders</u> | |